

# **CPIM On-Demand Training** for Self-Study Professionals

Are you preparing for the CPIM certification through self-study? As an experienced supply chain professional, you already have strong practical knowledge—but some topics may still need expert clarification. Fhyzics Business Consultants bridges that gap with on-demand, topic-oriented CPIM training sessions designed specifically for self-learners.

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Mobile: +91-900-304-9000 (WhatsApp)

Email: Certifications@Fhyzics.net



#### Lean Environments, Scheduling, and PAC

#### 1. Principles of Lean Manufacturing

Lean manufacturing focuses on eliminating waste, improving flow, and maximizing customer value. It emphasizes continuous improvement, employee involvement, and systematic problem-solving. Lean impacts PAC by reducing unnecessary transactions, minimizing WIP, and simplifying scheduling. Understanding lean principles helps planners design pull-based workflows, reduce variability, and achieve predictable output. Concepts like takt time, pull vs. push, visual management, and leveling (heijunka) are core to creating a stable scheduling environment. Lean principles ultimately reduce lead times, improve responsiveness, and increase capacity without additional resources.

#### 2. Seven Forms of Waste (Muda)

Lean identifies seven wastes—overproduction, waiting, transport, overprocessing, inventory, motion, and defects. In scheduling and PAC, understanding these wastes helps planners spot inefficiencies embedded in workflows. Scheduling systems should avoid overproduction (biggest waste) by aligning output with actual customer demand. Reducing WIP, transportation steps, and motion increases flow efficiency while lowering PAC workload. Identifying waste provides the foundation for kaizen improvements, line balancing, and flow redesign. Reducing waste frees capacity and stabilizes schedules, improving delivery reliability.

#### 3. Takt Time and Line Balancing

Takt time defines the pace of production required to meet customer demand. In lean scheduling, matching cycle times to takt time ensures synchronized workflow and prevents bottlenecks. Line balancing ensures tasks across workstations are evenly distributed, promoting smooth flow with minimal waiting. Accurate takt time calculation helps PAC establish realistic schedules and resource plans. Understanding variations between actual cycle times and takt highlights improvement opportunities. When lines are balanced to takt, throughput increases, and schedule adherence improves significantly.

#### 4. Pull Systems and Kanban

A pull system authorizes production based on downstream demand rather than forecasts. Kanban signals control the replenishment of materials and WIP. For PAC, kanban drastically reduces administrative workload by replacing push-based dispatch lists with visual triggers. Kanban limits WIP, preventing overproduction and stabilizing flow. Understanding kanban sizing, card rules, and replenishment logic ensures optimal material availability without excess inventory. Pull systems improve responsiveness, reduce lead times, and support predictable schedules.

#### 5. One-Piece Flow and Work Cells

One-piece flow means producing products one unit at a time with minimal waiting or batching. Implementing cellular manufacturing reduces transport, changeover times, and inventory buffers. For PAC, one-piece flow simplifies scheduling because materials move continuously without requiring batch-based planning or detailed job sequencing. Work cells improve visibility, accountability, and teamwork. By reducing variability in flow, PAC can maintain stable schedules and better predict cycle times.

#### 6. Standard Work

Standard work establishes consistent, documented methods for performing tasks. In lean scheduling, standard work stabilizes cycle times, enabling accurate takt alignment and improving schedule reliability. PAC depends on predictable process times to generate realistic dispatch lists and capacity plans. Well-defined standard work also supports training, error reduction, and continuous improvement. Standard work is updated regularly as improvements are made.

#### 7. SMED and Changeover Reduction

Single-Minute Exchange of Dies (SMED) is a lean technique to dramatically reduce setup/changeover times. Shorter changeovers improve scheduling flexibility, reduce batch sizes, and support flow. PAC benefits from increased machine availability and smoother transitions between jobs. Changeover reduction helps organizations implement pull systems, shorten lead times, and respond faster to demand changes. SMED also improves asset utilization and lowers inventory requirements.

#### 8. 5S and Workplace Organization

5S—Sort, Set in Order, Shine, Standardize, Sustain—is critical for maintaining efficient, reliable operations. A well-organized workplace reduces motion waste, shortens cycle times, and decreases errors. For PAC, 5S supports visual

control systems and stable workflows, making scheduling more predictable. A clean, standardized workspace helps operators follow standard work and maintain flow. 5S also promotes safety and builds a culture of discipline required for lean success.

#### 9. Visual Management

Visual management uses signage, color codes, boards, and indicators to show process status, inventory levels, and abnormalities. It replaces complex paperwork with intuitive visual cues, simplifying PAC. Kanban boards, andon lights, and hourly production boards help teams manage flow in real time. Visual systems allow operators, planners, and supervisors to quickly identify problems and adjust schedules or priorities. This increases transparency and promotes faster decision-making.

#### 10. Heijunka (Production Leveling)

Heijunka smooths production volumes and product mix to minimize variability in schedules. Leveling prevents peaks and valleys that stress resources and cause unreliable output. PAC relies on stable, repeatable loads to generate effective dispatching. Heijunka reduces the need for WIP buffers, shortens lead times, and improves quality. It is essential for environments with high product mix and fluctuating demand.

#### 11. JIT (Just-in-Time) Production

JIT aims to produce only what is needed, when needed, and in the quantity needed. It minimizes inventory, reduces waste, and increases responsiveness. PAC in JIT environments emphasizes rapid problem resolution and

real-time replenishment. JIT requires disciplined processes, reliable suppliers, and consistent flow. Understanding JIT helps planners shift from forecast-driven scheduling to demand-driven production.

12. Theory of Constraints (TOC) and Drum-Buffer-Rope

TOC focuses on identifying and exploiting constraints to maximize throughput. Drum-Buffer-Rope (DBR) is a scheduling system that protects the bottleneck with strategic buffers and synchronizes flow. PAC uses TOC tools to prioritize work, reduce WIP, and increase throughput. Managing the constraint ensures the entire system performs effectively and avoids excess inventory in non-bottleneck areas.

#### 13. PAC in Lean Environments

Production Activity Control in lean systems focuses on managing workflow rather than executing detailed job instructions. PAC enables real-time monitoring, bottleneck management, visual controls, and rapid response to disruptions. It reduces administrative burdens associated with push systems. Understanding PAC's role in lean is crucial for responding quickly to problems and maintaining flow.

#### 14. Scheduling in Lean vs. Traditional Systems

Lean scheduling minimizes batch sizes, emphasizes takt time, and uses visual methods instead of complex MRPs. Traditional scheduling relies heavily on detailed capacity planning and job sequencing. Knowing the differences helps planners apply the right tools. Lean scheduling is simpler,

more adaptive, and better suited to high-mix environments. The focus is on controlling WIP and stabilizing processes.

#### 15. Load Leveling and Capacity Smoothing

Load leveling (heijunka) spreads work evenly across resources. Capacity smoothing involves adjusting workloads to prevent overutilization or underutilization. Both improve schedule adherence and throughput. PAC uses leveling to reduce firefighting and maintain predictable flow. Stable schedules reduce operator stress and improve morale.

#### 16. Work-in-Process (WIP) Management

Lean philosophy insists that reducing WIP reveals problems and forces process improvement. PAC must monitor WIP levels closely using kanban limits or visual controls. Lower WIP reduces lead times, improves quality, and enhances responsiveness. Understanding Little's Law helps in designing optimal WIP caps. Effective WIP management ensures steady throughput.

#### 17. Quality at the Source and Error-Proofing (Poka-Yoke)

Lean emphasizes preventing defects rather than detecting them later. Quality at the source empowers operators to stop production when abnormalities occur. Poka-yoke devices prevent errors or alert users instantly. For PAC, fewer defects mean fewer disruptions, rework loops, and schedule changes. This stabilizes output and improves delivery performance.

#### 18. Continuous Improvement (Kaizen)

Kaizen focuses on incremental, frequent improvements. It encourages operators and planners to identify root causes

and remove waste. PAC becomes more effective as processes stabilized through ongoing improvement. Kaizen events often target bottlenecks, flow interruptions, and excessive inventory. Continuous improvement strengthens competitive advantage.

#### 19. Supplier Integration in Lean Systems

Lean scheduling depends on reliable, frequent deliveries. Integrating suppliers through JIT deliveries, vendormanaged inventory, and long-term partnerships improves flow stability. PAC benefits from reduced stockouts, shorter lead times, and better schedule adherence. Supplier integration ensures material availability without excess buffers.

#### 20. Lean Metrics for Scheduling and PAC

Lean relies on metrics such as throughput, takt adherence, WIP levels, cycle time, OEE, and lead time. Unlike traditional systems that emphasize utilization, lean metrics focus on flow. PAC uses these metrics to maintain stability and identify bottlenecks. Understanding these indicators is vital for effective decision-making and improvement.

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## Micro-Learning Programs in Supply Chain Management



- 1. Fundamentals of Supply Chain Management
- 2. Supply Chain Planning and Optimization
- 3. Demand Forecasting Techniques
- 4. Inventory Control and Management
- 5. Distribution and Logistics Strategy
- 6. Warehouse Layout and Operations Efficiency
- 7. Supply Chain Risk Management
- 8. Supply Chain Performance Metrics (KPIs)
- 9. Lean Supply Chain Practices
- 10. Agile and Responsive Supply Chains
- 11. Sales and Operations Planning (S&OP)
- 12. Supply Chain Network Design
- 13. Supply Chain Digital Transformation
- 14. AI and Data Analytics in Supply Chain
- 15. Supply Chain Sustainability and Green Logistics
- 16. Reverse Logistics and Returns Management
- 17. Supply Chain Collaboration and Integration
- 18. Supplier Relationship Management in SCM
- 19. Global Supply Chain Strategy
- 20. Transportation Management Systems (TMS)
- 21. Inventory Optimization Models
- 22. Demand-Driven MRP (DDMRP) Concepts
- 23. Blockchain Applications in Supply Chain
- 24. Supply Chain Cost Reduction Techniques
- 25. SCOR Model and Process Improvement

### Micro-Learning Programs in Supply Chain Management ...



- 26. Capacity Planning and Resource Allocation
- 27. Managing Supply Chain Disruptions
- 28. End-to-End Supply Chain Visibility
- 29. Cold Chain Logistics Management
- 30. Supply Chain Compliance and Ethics
- 31. Import–Export Procedures and Documentation
- 32. Managing Third-Party Logistics (3PL) Providers
- 33. Supply Chain Collaboration Technologies
- 34. Production Planning and Scheduling
- 35. Strategic Supply Chain Design Using Case Studies
- 36. Circular Economy in Supply Chain
- 37. Vendor-Managed Inventory (VMI)
- 38. Transportation Optimization Techniques
- 39. E-Commerce Supply Chain Models
- 40. Omni-Channel Fulfillment Strategies
- 41. Warehouse Automation and Robotics
- 42. SCOR DS Roadmap for Supply Chain Excellence
- 43. Customer-Centric Supply Chain Strategies
- 44. Supply Chain Finance and Working Capital Management
- 45. Supply Chain Data Visualization Using Power BI
- 46. Strategic Sourcing in Supply Chain Context
- 47. Supply Chain Benchmarking and Best Practices
- 48. Integrated Business Planning (IBP)
- 49. Supply Chain in Crisis Management and Recovery
- 50. Future Trends and Technologies in Supply Chain

## Micro-Learning Programs in Procurement



- 1. Fundamentals of Procurement Management
- 2. Strategic Sourcing and Category Management
- 3. Supplier Selection and Evaluation
- 4. Contract Management Essentials
- 5. Cost and Price Analysis in Procurement
- 6. Negotiation Strategies for Procurement Professionals
- 7. E-Procurement and Digital Tools
- 8. Procurement Planning and Budgeting
- 9. Risk Management in Procurement
- 10. Supplier Relationship and Performance Management
- 11. Sustainable and Ethical Procurement
- 12. Total Cost of Ownership (TCO) Analysis
- 13. Make-or-Buy Decision Frameworks
- 14. Procurement Policies and Governance
- 15. Procurement in Public vs. Private Sectors
- 16. Procurement Audit and Compliance
- 17. Procurement Data Analytics and Reporting
- 18. Procurement Scorecards and KPIs
- 19. Strategic Supplier Partnerships
- 20. Category Strategy Development
- 21. Managing Global and Offshore Procurement
- 22. Negotiation Simulation Workshop
- 23. Contract Law for Procurement Managers
- 24. Cost Reduction Strategies in Procurement
- 25. Supplier Risk Assessment Models

## Micro-Learning Programs in Procurement ...



- 26. Procurement Process Mapping and Improvement
- 27. Procurement Automation and AI Applications
- 28. Managing Procurement Teams Effectively
- 29. Procurement Ethics and Transparency
- 30. Procurement in the Digital Supply Chain
- 31. Vendor Consolidation Strategies
- 32. Spend Analysis and Optimization
- 33. Demand Forecasting for Procurement
- 34. E-Auction and Reverse Bidding Techniques
- 35. Inventory and Procurement Alignment
- 36. Procurement in Project-Based Organizations
- 37. Supplier Onboarding and Development
- 38. Procurement Market Intelligence
- 39. Measuring Supplier Innovation
- 40. Procurement in Times of Supply Disruption
- 41. Cross-Functional Collaboration in Procurement
- 42. Writing Effective RFPs, RFQs, and RFIs
- 43. Contract Negotiation Best Practices
- 44. Green Procurement and Circular Economy
- 45. Legal Aspects of Procurement Contracts
- 46. Performance-Based Contracting
- 47. Procurement Leadership and Strategic Influence
- 48. Cost Avoidance and Value Creation in Procurement
- 49. Managing Procurement with Power BI Dashboards
- 50. Future Skills and Trends in Procurement



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ASCM Referral Code XEFHYZ88

Certifications@Fhyzics.net +91-900-304-9000

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